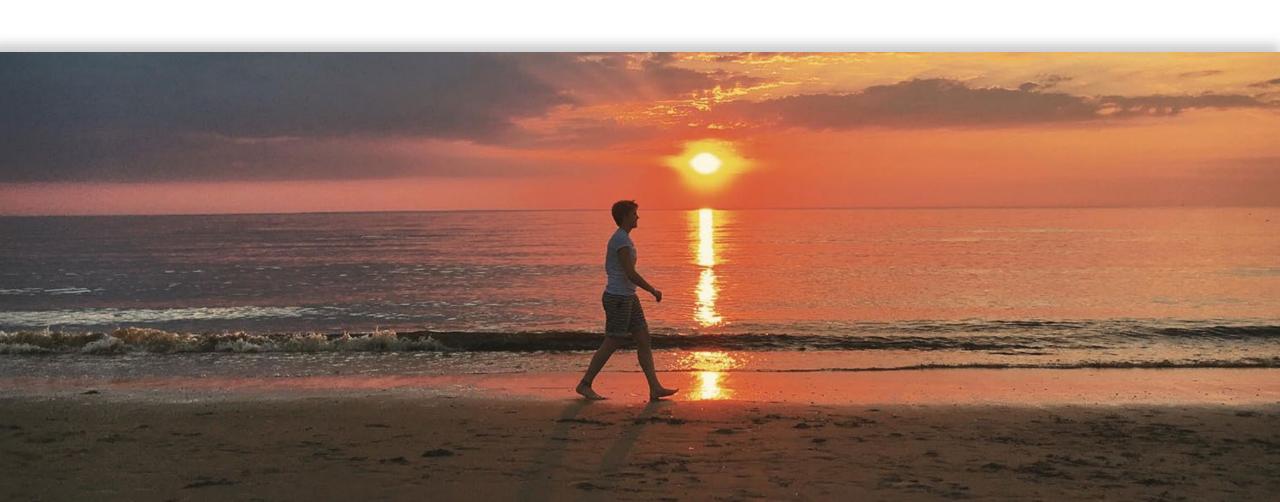


Now you know what is your greatest life purpose, your areas of fulfillment, your weaknesses and your significant cross to bear in life.



You are about to become present to an extraordinary new world.

The call to Adventure, your first step on the Hero's Journey.



While you are now equipped with self-knowledge to live consciously and powerfully, there are still your emotional issues that are taking more than half of your energy!

Your deeply lodged emotional issues take up from 50-90% of your energy.

This energy when comes back to you, you feel an instant rejuvenation



This is a beautiful process where I walk you through your entire ancestral life pattern. In the end, you will see all of your blocked areas where you have been on auto pilot and your **soul is not manifested**.



The process is conducted over two sessions. The first **4 hours** to release the shadow, and **2 hours** to the created life of your next most beautiful chapter.



Transformation in two sessions





- 1. We want to see the pattern of your trigger and shadow. Please assemble 20 photos of the key people who played a role (great grandparents (if you have them) on both sides all the way. How they grew up.
- Include people and moments that have triggered you over the years. Use photos from google images that metaphorically match the stress event you had at the time.
- Insert photos into the powerpoint template or label them by year and send them via. www.wetransfer.com



Part 1 - Shift (4-hrs)

When you book the Shift, we will walk through the shadow board and release it.

On the day of the Shift, please have your evening cleared with no appointments so you can reflect.



Part 2 Story Board (2-hrs)

That night, after the Shift, you will create a story board of your next chapter. A story board is like vision board but with a timeline.

When you have it ready, schedule your next session here: <u>2-hr vision session</u> within the next 48 hours. (Ideally schedule within 5 days of doing the Shift).

Concentrate on the question: What accomplishments must occur in my life in order to feel satisfied in the area of finance, family and togetherness, passion, wellbeing, my dream career, and learning.

If you would like to be in a deep, meditative connection with yourself.

I welcome you to take the next step of your journey with me.

Sign up today for my trademark program

https://www.thepowerinyourhands.com/shift